

# ENCORE SENIORS EDUCATION CENTRE

Newsletter Date  
February 2010

Volume 3, Issue 6



EDITOR: Andy Trasuk

# ENCORE NEWS

## BOARD OF DIRECTORS OF ENCORE

President	-	Jean Jeacle
Past President	-	Jean Lecompte
Vice-President	-	Jim Sallie
Secretary	-	Dorothy Forrester
Treasurer	-	Gerd Wiencke
Program Coordinator	-	Gord Hogan
Administrative Assistant—		Nicole Paquette
Directors	-	Davina Alexander, George Atkinson, Gary Brennan, Sue Cardinal, Bernadine Greffe, Dave Holford, Marc Schaefer, Libby Stewart.

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The Board of Directors of Encore is elected at the Annual Meeting, usually the last Wednesday in April or the first Wednesday in May. Directors are elected for a two-year term, so only those whose term is complete have to be re-elected. I think it is very important to realize that, if you are taking a course at Encore, you are a member of Encore. You are most welcome to attend the AGM. It is not just for course leaders, members of the Board of Directors, and committee members. Every member of Encore is invited, whether you have taken one course or several. We don't have many social occasions at Encore. We all come to class, and go home. It's like we're all on individual timetables. There may be people who you discover later were also taking courses at Encore, and you didn't realize it because your course was at a different time.

So it's good, once a year, to have an event where all students and staff are invited, and you get a chance to see who your fellow students are.

So, please, make a point of coming to the AGM. We publish the reports of various committees, especially the financial report, and talk about our plans for the future. We honour class leaders who have served Encore for five, ten, or more, years. But most of all, we have a chance to meet and greet fellow students.

### Special points of interest:

- Encore Patrons
- Encore Committees
- Encore Website
- Courses to Come

### WE NEED A NEW EDITOR!!!!

Your editor has taken on new responsibilities with Encore. Without going into a lot of details, I would like to have someone else take over the newsletter. It comes out twice a year, once in October, and once in February. I would be pleased to train someone who is interested. I prepare the document using Microsoft Publisher, but any word processing program would be suitable. It's a great way to learn more about Encore, and it's very rewarding to see your work being produced so that everyone in Encore classes sees what you have done. It is also presented on the Encore website as well.

Give me a call at 613-938-2329 if you would like some more information. Or talk to Gord if I am not available.

## PATRONS OF ENCORE

Three years ago we started inviting people to become patrons of Encore, and many people answered the call. We were very fortunate to receive \$1400.00 from our patrons that year. This has been a tremendous help to Encore, in our quest to keep our course fees at a reasonable level.

We are always on the look-out for fundraising ideas. If you think you have one, please let us know.

I think that many people feel that fees for courses should be sufficient for Encore finances. Unfortunately, tuition fees alone do not cover all of Encore's cost of operation.

The term for becoming a patron is the calendar year. We did send out a patron letter in the Fall, and the response has been terrific. But, if you did not receive a patron letter, and you would still like to become a patron, drop into the office and see Gord. He would be glad to accept your donation.

- Individual patrons are a minimum of \$50.00. You are certainly welcome to give more than that amount.
- Patrons will be listed in the calendar for Encore.
- The list of patrons will also be placed in the program of any activity which is organized by Encore.
- A tax receipt will be provided for any contribution to Encore.

If you decide to accept our invitation to become a patron of Encore, please make your cheque payable to Encore Seniors. Drop it into the Encore office. If you have any questions, do not hesitate to phone the Encore Office at 613-937-1525.

Andy Trasuk, Chair, Fundraising Committee

### Patrons of Encore for 2009

Davina Alexander  
George Atkinson  
Les Atkinson  
Dr. Thomas Baitz  
Mr. & Mrs. David Barr  
Iona Beauregard  
Suzanne Blackburn

### Patrons of Encore for 2009 (cont'd)

Brian Blois  
Jim Brownell, MPP  
Eugene & Sue Cardinal  
Ross Connors  
Joan & Hugh Cook  
William Cowling  
Gerry Dobbyn  
Victor & Pamela Ernst  
Bob Evans  
Kathy Eveleigh  
Johanna Feilotter  
Dr. Norbert & Christina Ferre  
Lawrence A. Fillion  
Sheila Fitzpatrick  
Dorothy Forrester  
George Foster  
Juliet Gill  
Grace Gordon  
Bernadine Greffe  
Audrey Hickey  
Dr. Patricia Irwin  
Vivian Julien  
Ron & Linda Kubelka  
Guy Lauzon, MP  
Jean Lecompte  
Drs. Margaret & John Macaulay  
Elaine MacDonald  
Rose MacDonald  
Kenneth MacLennan  
George & Mary Milne  
Alan Mills  
Estate of Ozburn Muma  
Ontario Power Generation  
Conrad Poirier  
Diane Raymond  
Jim Sallie  
Dr. Scott Savage  
Marc Schaefer  
Rosemary Smelt  
David & Sylvia Smith  
Robert E. Smith  
Lorna Snow  
Ernest Spiller  
Elizabeth Stewart  
Edith Stiles  
Tom Swift  
Andy & Shirley Trasuk  
Gerd Wiencke  
Several Anonymous Sponsors

## INCOME TRUST GROUP

What are Income Trusts and how do they differ from other investment vehicles? Do they have a place in a Seniors' investment portfolio? Gerd Wiencke's Income Trust Group meets on a regular basis to discuss strategies and review how group member's investments are performing. If you would like to attend their next meeting to learn more about this particular form of investing, please call Encore at (613) 937-1525.



## COURSE LEADERS

If you have taken a few or many courses at Encore, or if this is your first time in, you should know that we are always looking for new course leaders. Present course leaders sometimes need a break and there is no one to replace them. You may also have some talent, skill or body of knowledge that you would like to pass on to other people. Of course, you must realize that course leaders do not get any remuneration. But we like to say that the joy of passing on knowledge is worth the time. My own experience has been that I always learn something, every time I teach a course.

We have some wonderful course leaders. We could always use more.

## DESSERT BRIDGE????

There is some talk about Encore sponsoring a Dessert Bridge, possibly in late March or early April. If you are interested in helping in this endeavour, please let us know.

Bridge is getting to be one of the most popular pastimes of our senior population, and the not-so-seniors as well. Witness the popularity of our bridge classes under the guidance of Joddy Campbell. If half of those students came out to the Dessert Bridge, we'd have to book the Civic Complex.

Keep in touch for news of this event.

## CORPORATE SPONSORS

**We are trying to entice local businesses to become Corporate Sponsors. The cost is \$500.00 but the perks are numerous.**

- **Company Name and logo in our program calendars, about 1200 copies**
- **A plaque on the classroom wall**
- **Logo on the Encore website. We get about 1000 hits per month**
- **Other perks are negotiable**

**If you are involved with a local business and have not received an invitation, and wish to get involved, give Gerd a call at the Encore Office. Sponsors must realize that seniors make up a large part of potential customers. They should be an important target market.**

### **Weird Things You Probably Would Never Know!!**

- A duck's quack doesn't echo, and no one knows why.
- It's possible to lead a cow upstairs...but not downstairs.
- Our eyes are always the same size from birth, but our nose and ears never stop growing.
- Women blink nearly twice as much as men.
- A snail can sleep for three years.

## TAX SERVICE FUND RAISER

Looking for help with those "sometimes" confusing federal income tax returns? See Encore Treasurer, Gerd Wiencke. Gerd has volunteered his financial expertise to do tax returns for Encore members. There is a write-up in the Calendar which you can refer to. Cost is a \$30.00 donation to the Encore program for each completed e-file return, \$40.00 if it is not an e-file. Returns will be picked up and delivered through the Encore Office. To arrange to contact Gerd, phone the office at 937-1525.

Tax forms change every year. Remember, retired couples can split their pension incomes. This will mean quite a savings for some people.

Encore is a very-well organized group, due to the work that went on before I became involved. Much of the work is done in committees. The Board of Directors oversees that work, but we could not function without our committees. If you wish to get involved in the Encore operation, there is no better place to start than in offering your services to serve on one of the committees. I have listed below the people who serve on the various committees. They don't get enough credit for all the work they do.

**ENCORE COMMITTEES**

**Archives/Historian**

vacant

**Computer**

**Robin Axten, Chair**

**Jack Seguin Vice-Chair**

Anne Collins

Dorothy Forrester

Bernadine Greffe

Jean Lecompte

Wes Libbey

Jean-Louis Rochette

Marc Schaefer

Hans Schutz

Andy Trasuk

**Garden**

**Jim Sallie, Chair**

Stanley Brown

Ross Conners

Gerry Dobbyn

Lorna Snow

Libby Stewart

Russell True

**Nominating**

**Jim Sallie Chair**

Jean Lecompte

Jean-Louis Rochette

Andy Trasuk

**Curriculum**

**Dave Holford, Chair**

**Jean-Louis Rochette Vice-Chair**

Joddy Campbell

Dr. Maxwell Irwin

Ray Riley

Jean Roy

Tom Swift

**Public Relations**

Davina Alexander

Johanna Feilotter

Jean Jeacle

Jean Lecompte

Bev Leroux

Libby Stewart

**Fundraising**

**Andy Trasuk, Chair**

**Libby Stewart Vice-Chair**

Davina Alexander

Sue Cardinal

Johanna Feilotter

Jean Jeacle

Jean Lecompte

Jean-Louis Rochette

Gerd Wiencke

**NEEDED!!!**

We need help on the committees, particularly the Curriculum, Fundraising, and Garden committees. The workload is not great but you must be committed. What we really need are new ideas. We have some great people on these committees now but they could always use more help. Think about it - it's a real learning experience. And—you'd be helping Encore.

## ENCORE WEBSITE

I hope sincerely that those of you that own a computer and have an internet connection are familiar with the Encore Website, at [www.encoreseniors.ca](http://www.encoreseniors.ca). It is the most important site to keep in your Favourite list. I try to encourage people to make it their Home page, but maybe that's asking too much. If anyone wants to do that, and doesn't know how, give me a call. (613-938-2329).

You will find at that location many items of interest including: the current Encore program, and an online version of this newsletter.

The man who looks after the website is Raymond Lacroix. He is doing a great job, but if you have any ideas, or criticism (constructive), be sure to let us know. In the meantime, log on to [www.encoreseniors.ca](http://www.encoreseniors.ca), and see what you might be missing.

## COMPUTER ASSISTANCE

A little known program is available to people who have computer problems. For the cost of \$20.00, one of our computer committee members will visit you at home, and try to help you solve your problems. The money goes to Encore, not the helper.

If we can't solve the problem, we don't charge.

We will not try to set up networking, or install components. But we will help you with simple problems that quite often befuddle the ordinary computer user.

Sometimes there are problems that we cannot solve. But at least, then, you know that you have eliminated the simple problems, and must call in an expert.

## THE SENILITY PRAYER :

Grant me the senility to forget the people  
I never liked anyway,  
the good fortune to run into the ones  
I do, and  
the eyesight to tell the difference.

## ARE YOU A GARDENER OR INTERESTED IN GARDENING?

Once again the ENCORE garden will be in full bloom this July.

Last year we received many high compliments from the St Lawrence College staff including both faculty and administration.

To continue the high standards WE MUST HAVE SOME NEW GARDENERS.

Several of the 2009 volunteers will no longer be available.

We will be making several changes. Diane Lunan from Marlin Orchards & Garden Centre will be coming to give us new ideas.

This will mean additional work. A volunteer need not be available for the entire summer. Based on past experience, we need a person to come and weed, water and clean up the area once every 2 weeks. This usually takes less than an hour. Even if you can only make it once or twice during the summer, your help will spread out the work load.

In addition we need several people in late May and late September to open and close the garden, 1.5 to 2 hours gets the job done depending on how many people show up.

If you are interested please contact Gord or Nicole at the Encore office.

## IDEAS FOR FUTURE COURSES

Some of the courses at Encore are repeated year after year, session after session. But you will note that there are many new and exciting courses. This is due to the fact that Encore members make suggestions, and the Curriculum Committee search for people who will act as leaders. You as a member (you're a member if you're taking one course or more) should be thinking of other courses that we could provide. Naturally we have to find a leader, but that is step two. Give us your ideas.

## CHORUS NOVUS

This innovative choir, under the direction of Brian Hubelit, has a new project. The event is a few months off but mark your calendars for this one.

“The Armed Man: A Mass For Peace” is a powerful account of the descent into war and of its terrible consequences. The work is a contemporary example of a mass based on the 15<sup>th</sup> century French song “L’homme armé” (The Armed Man). Set within the framework of the Christian mass by Welsh composer Karl Jenkins, The Armed Man is a major choral work which uses both sacred and secular texts sung in French, English and Latin.

This work was commissioned as a call for peace in the new Millenium. It embraces the global society in its thought-provoking reflection on war and peace by the use of music.

On hearing this awesome work, Peace takes on a profound new meaning.

CHORUS NOVUS will perform this incredible Mass on Sunday, April 18<sup>th</sup> at Nativity Cathedral, Cornwall and Saturday, April 24<sup>th</sup>, in St Andrew’s West Catholic Church.

Both concerts begin at 7:00 PM.

These concerts will be dedicated to our Veterans, past and present.

**If you want your spouse to listen and pay strict attention to every word you say, talk in your sleep.**

## COMPUTER COURSES

Once again, this year, we have a new location for our computer courses. We are now operating out of St. Lawrence Intermediate School. It’s great when we get that level of cooperation with the schools. We have to wait until the students of the school are gone for the day, but that’s a small price to pay for the wonderful setup at St. Lawrence.

We would really like some feed-back about what courses might be popular to potential students. There are many courses that could be available if there were students that wished to attend. If there are people out there who would attend a course in Access, or Microsoft Publisher, or Aldus Pagemaker, you should make your interest known to Gord. If not those mentioned, tell us what you might be interested in. We are offering a session in the Winter on the Mac. Many people are purchasing MacBooks or iMacs, and are not making best use of them. Do you know that Macs don’t need virus protection? At least, that’s what they tell me. Let us know if you are interested.

Time may be a great healer, but it's a lousy beautician.

Never be afraid to try something new. Remember, amateurs built the ark, professionals built the Titanic.

Conscience is what hurts when everything else feels so good.

## COMPUTER ANECDOTES

**Customer:** Hi, good afternoon, this is Martha, I can't print. Every time I try, it says 'Can't find printer'. I've even lifted the printer and placed it in front of the monitor, but the computer still says he can't find it...

**Customer:** can't get on the Internet.

**Tech support:** Are you sure you used the right password?

**Customer:** Yes, I'm sure. I saw my colleague do it.

**Tech support:** Can you tell me what the password was?

**Customer:** Five stars.

## COURSES STILL TO COME:

### **SUDOKU -- ADVANCED LEVEL**

This course builds on the methods introduced in the entry level course

**Thursdays, 9:30 am, Feb. 18 & 25**

### **PLAYING WITH PIXELS-**

This follow-up course to Point & Shoot will be a demonstration seminar that covers capturing better images with a camera or scanner and enhancing the same

**Fridays, Noon, Feb. 26 & Mar. 5**

### **HANDS ON MAKEUP & SKINCARE UPDATES-**

Hear about new technologies, watch makeup applications and enjoy a 5 minute makeover from a trained makeup professional! What to try ...what to expect and what to avoid!

**Wednesday, Feb. 17, 2:30 pm**

### **THE LOST SYMBOL --- "GREAT" LITERATURE?**

What qualities make a novel great? Some of our teachers conveyed the notion that no literature has achieved "great" stature since the time of Dickens. But, must not a widely popular novel such as Dan Brown's The Lost Symbol be classified as "great"?

**Thursday, Feb. 18, 2:30 pm**

### **THE TRIAD OF CHANGE WORKSHOP-**

Recognize where you are in life, decide where you want to go. Discover and implement your personal formula to quickly and effortlessly achieve your goals and aspirations.

**Wednesday, Feb. 24, Noon**

### **GERMAN OCCUPATION OF DENMARK-**

What happened from the invasion of Denmark by Germany until the liberation by the English in 1945? How did normal citizens react to the occupation?

**Wednesday, Feb. 24, 2:30 pm**

### **INCOME TRUST GROUP-**

What are Income Trusts and how do they differ from other investment vehicles? Do they have a place in a Seniors' investment portfolio?

**Thursdays, 2:30 pm, Feb. 25 & Apr. 1**

### **EVOLUTION OF SUBMARINES**

#### **WWII TO PRESENT-**

The changing role of the submarine from submersible torpedo boat to capital ship.

**Thursdays, 2:30 pm, Mar. 4-Mar. 25**

### **INTRODUCTION TO APPLE MACINTOSH COMPUTERS-**

Designed for those who are thinking of switching to Mac, and those who have recently purchased one.

**Monday, Mar. 8, 9:30 am**

### **INTRODUCTION TO TOFU-**

Many people are unfamiliar with tofu and would like to know more about how to use this incredibly versatile and nutritious ingredient. Discover how tofu can indeed be delicious...if you know how to use it.

**Wednesday, Mar. 10, Noon**

### **JUDGE NECESSITY-**

Join **Judge Gilles Renaud** in a talk about his recently published book "Judge Necessity" in which he uses a bit of humour to educate the public about the legal system

**Wednesday, Mar. 10, 2:30 pm**

### **YOUR RETIREMENT PAYCHEQUE-**

Understanding the sources of retirement income and the key types of investments.

**Thursday, Mar. 11, 9:30 am**

### **INVOKING ANGELS IN YOUR DAILY LIFE-**

Regardless of ones religious beliefs we all have guardian angels from the day we were born

**Mondays, 9:30 am, Mar. 15 & 22**

### **THE RIVERMEN OF LAKE ST. FRANCIS- Part 2**

Focus will be on the early history, boats and builders and entertainment hotspots on Lake St. Francis.

**Thursday, Mar. 18, 9:30 am**

### **MEMORIES OF WORLD WAR II-**

Part of the continuing effort by Encore to present memories of the second, and hopefully last, World War.

**Tuesday, Mar. 23, 9:30 am**

### **POETRY OF ROBERT FROST-**

Our two hour workshop will explore the truth and beauty found in the poetry of Robert Frost

**Wednesday, Mar. 24, Noon**

### **AQUATIC INVASIVE SPECIES IN THE GREAT LAKES-**

This presentation will summarize the state and impacts of aquatic invasive species in the Great Lakes basin.

**Wednesday, Mar. 24, 2:30 pm**

### **THINGS THAT MAKE YOU SICK-**

We will discuss some of the characteristics of viruses that allow them to invade your body, hijack your cells and cause disease.

**Thursday, Mar. 25, 9:30 am**

**ENCORE SENIORS  
EDUCATION CENTRE**

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Cornwall, Ontario  
K6H 4Z1

Phone: 613-937-1525  
Email: [encore@sl.on.ca](mailto:encore@sl.on.ca)

**Learning Pure Fun**

WE'RE ON THE WEB  
<http://encoreseiors.ca/>

**FROM THE EDITOR**

If you enjoyed the newsletter and found it worthwhile, let us know, and/or tell your friends.

If you didn't like it, keep quiet about it.



**Mary Van Ryswyk**

On December 5<sup>th</sup>, 2009, Encore Seniors lost one of their most valuable members. Mary died after a short battle with cancer. Survived by husband Bill, her daughter Kerstine and two sons, Harold and Robert.

Mary was one of our original founding members of Encore and served on the Board from 1994 to 2004. She was the Board secretary from 1997 to 2004. She produced the Encore newsletter from 1995 to 2004. She did the Encore radio report from 2001 to 2007.

What else??

She served on the PR Committee from its inception from 1997 to 2004, served on the Garden committee from 2002 to 2009, and served at numerous social functions and helped with program mailings and registrations.

Can there be anything else??

Yes. Mary also looked after press releases and public service announcements for many years, wrote Standard Freeholder news columns, kept record of volunteer hours, and for the last few years, wrote the Encore "blog" for the website.

Mary also lent her talents to Seaway Seniors Citizens Club, the United Empire Loyalists Association, and she was the recipient of the richly-deserved Queen Golden Jubilee medal, a few years ago. She probably contributed to the success of many other organizations that we do not know about.

*Well done, good and faithful servant.* I thought this quote was from Shakespeare, but it's from the Bible, Matthew 25, verse 23. No matter, it certainly applies to Mary. We will miss her.

**NOW DON'T FORGET**

**If you have thoughts about becoming a Newsletter Editor**

**Give me a call**

**Andy at 613-938-2329**